



GMBEQUIP

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GMB Midlands Region Representatives Education Training Programme



CONTENTS

	Page
GMB REPRESENTATIVE CORE PROGRAMME DATES AND VENUES	2 - 4
GMB 2 DAY COURSE DATES AND VENUES	5
GMB 2 DAY COURSE INFORMATION	6 - 7
CONTACT INFORMATION	8

REGIONAL CORE PROGRAMME – JANUARY 2025

COURSE TITLE/VENUE	DATES	DAY
GMB 10 DAY REPS INDUCTION HALESOWEN OFFICE	15th, 22nd, 29th January 5th, 12, 26th February 5th, 12th, 19th, 26th March	Wednesdays
GMB 10 DAY REPS INDUCTION STOKE OFFICE	15th, 22nd, 29th January 5th, 12, 26th February 5th, 12th, 19th, 26th March	Wednesdays
GMB 10 DAY REPS INDUCTION NOTTINGHAM OFFICE	14th, 21st, 28th January 4th, 11th, 25th February 4th, 11th, 18th, 25th March	Tuesdays
GMB 10 DAY REPS INDUCTION LEICESTER OFFICE	13th, 20th, 27th January 3rd, 10th, 24th February 3rd, 10th, 17th, 24th March	Mondays
GMB H&S STAGE 2 LINCOLN (TBA)	15th, 22nd, 29th January 5th, 12, 26th February 5th, 12th, 19th, 26th March	Wednesdays
GMB H&S STAGE 2 NOTTINGHAM OFFICE	16th, 22nd, 29th January 6th, 13th, 27th February 6th, 12th, 19th, 27th March	Thursdays
GMB H&S STAGE 2 LEICESTER OFFICE	15th, 22nd, 29th January 5th, 12, 26th February 5th, 12th, 19th, 26th March	Wednesdays
GMB H&S STAGE 2 STOKE OFFICE	16th, 22nd, 29th January 6th, 13th, 27th February 6th, 12th, 19th, 27th March	Thursdays
GMB H&S STAGE 2 HALESOWEN OFFICE	16th, 22nd, 29th January 6th, 13th, 27th February 6th, 12th, 19th, 27th March	Thursdays

REGIONAL CORE PROGRAMME – APRIL 2025

COURSE TITLE/VENUE	DATES	DAY
GMB 10 DAY REPS INDUCTION HALESOWEN OFFICE	29th April & 6th, 13th & 20th May 3rd, 10th, 17th, 24th June 1st & 8th July	Tuesdays
GMB 10 DAY REPS INDUCTION STOKE OFFICE	29th April & 6th, 13th & 20th May 3rd, 10th, 17th, 24th June 1st & 8th July	Tuesdays
GMB 10 DAY REPS INDUCTION NOTTINGHAM OFFICE	28th April & 12th 19th May 2nd 9th 16th 23rd 30th June 7th & 14th July	Mondays
GMB 10 DAY REPS INDUCTION LEICESTER OFFICE	30th April & 7th, 14th 21st May 4th, 11th, 18th, 25th June 2nd & 9th July	Wednesdays
GMB 10 DAY REPS INDUCTION LINCOLN (TBA)	1st, 8th, 15th, 22nd May 5th, 12th, 19th, 26th June 3rd & 10th July	Thursdays
GMB H&S STAGE 1 LEICESTER OFFICE	29th April & 6th, 13th & 20th May 3rd, 10th, 17th, 24th June 1st & 8th July	Tuesdays
GMB H&S STAGE 1 HALESOWEN OFFICE	30th April & 7th, 14th 21st May 4th, 11th, 18th, 25th June 2nd & 9th July	Wednesdays
GMB H&S STAGE 1 STOKE OFFICE	30th April & 7th, 14th 21st May 4th, 11th, 18th, 25th June 2nd & 9th July	Wednesdays
GMB H&S STAGE 1 NOTTINGHAM	1st, 8th, 15th, 22nd May 5th, 12th, 19th, 26th June 3rd & 10th July	Thursdays

REGIONAL CORE PROGRAMME – SEPTEMBER 2025

COURSE TITLE/VENUE	DATES	DAY
GMB 10 DAY REPS INDUCTION HALESOWEN OFFICE	24th September 1st, 8th, 15th & 22nd October 5th, 12th, 19th, 26th Nov & 3rd Dec	Wednesdays
GMB 10 DAY REPS INDUCTION STOKE OFFICE	23rd & 30th September 7th, 14th, & 21st October 4th, 11th, 18th & 25th Nov & 2nd Dec	Tuesdays
GMB 10 DAY REPS INDUCTION NOTTINGHAM OFFICE	22nd & 29th September 6th, 13th October 3rd, 10th, 17th, 24th Nov, 1st & 8th Dec	Mondays
GMB 10 DAY REPS INDUCTION LEICESTER OFFICE	24th September 1st, 8th, 15th & 22nd October 5th, 12th, 19th, 26th Nov & 3rd Dec	Wednesdays
GMB H&S STAGE 1 LINCOLN (TBA)	22nd & 29th September 6th, 13th & 20th October 3rd, 10th, 17th, 24th Nov & 1st Dec	Mondays
GMB H&S STAGE 2 LEICESTER OFFICE	23rd & 30th September 7th, 14th, & 21st October 4th, 11th, 18th & 25th Nov & 2nd Dec	Tuesdays
GMB H&S STAGE 2 HALESOWEN OFFICE	23rd & 30th September 7th, 14th, & 21st October 4th, 11th, 18th & 25th Nov & 2nd Dec	Tuesdays
GMB H&S STAGE 2 STOKE OFFICE	24th September 1st, 8th, 15th & 22nd October 5th, 12th, 19th, 26th Nov & 3rd Dec	Wednesdays
GMB H&S STAGE 2 NOTTINGHAM	25th September 2nd, 9th, 16th October 6th, 13th, 20th, 27th Nov, 4th & 11th Dec	Thursdays

GMB 2 DAY COURSE PROGRAMME 2025

COURSE TITLE	DATES	VENUE
Effective Personal Case Handling	8 th and 9 th January	NOTTINGHAM OFFICE
Mental Health First Aid	13 th & 14 th February	LEICESTER OFFICE
Confidence Building & Assertiveness	10 th & 11 th March	HALESOWEN OFFICE
Risk Assessment, Inspection & Investigation	10 th & 11 th April	NOTTINGHAM OFFICE
Effective Personal Case Handling	14 th & 15 th May	STOKE OFFICE
Effective Personal Case Handling	9 th & 10 th June	HALESOWEN OFFICE
Handling Equality & Disability Cases	3 rd & 4 th July	LEICESTER OFFICE
Risk Assessment, Inspection & Investigation	8 th & 9 th September	HALESOWEN OFFICE
Mental Health First Aid	7 th & 8 th October	NOTTINGHAM OFFICE
Handling Equality & Disability Cases	4 th & 5 th November	STOKE OFFICE
Effective Personal Case Handling	11 th & 12 th December	LEICESTER OFFICE

2 DAY COURSE INFORMATION

Effective Personal Case Handling

This course is designed specifically for those who are involved in representing members on discipline and grievance cases. It will assist you with finding the best ways to take up these cases on behalf of the members, anticipate possible responses and develop a systematic way of managing casework.

PLEASE BRING with you a copy of your workplace Disciplinary & Grievance policy, a notebook and a pen.

Mental Health First Aid (also available online)

Every year 1 in 4 of us will experience a mental health problem and nearly 2 million are waiting for NHS mental health services. Workplace stress is increasing, and employers have a legal duty to undertake stress risk assessments.

GMB Mental Health First Aiders develop the skills to spot the signs of a person experiencing poor mental health, and the confidence to start a conversation. They also learn about the tools to signpost them to the appropriate support.

PLEASE BRING with you copies of workplace policies on stress/mental health, a notebook and a pen.

Confidence Building & Assertiveness (also available online)

The aim of this course is to help you become more confident in discussions, not only in your role as a representative, but also in your personal life. It will examine ways in which you can approach difficult situations more assertively - achieving better results and increasing confidence.

PLEASE BRING with you a copy of the completed 'Pre-course Activity' and a notebook and pen.

Risk Assessment, Inspections & Investigations

This course is for those reps who are involved in representing members on health and safety. You will share experiences about work-related health and safety problems, understand how legislation, company policy or other requirements relate to specific conditions at work and review health & safety procedures in your workplace.

PLEASE BRING with you the results of the pre-course survey, workplace accident statistics, a copy of a recent GMB Inspection (if you have one) and notebook and pen.

Handling Equality & Disability Cases (also available online)

The last few years have seen an increase in the amount and complexity of equalities issues at work. GMB representatives need to be able to keep up to date with equality legislation and handle complex issues such as reasonable adjustments and discrimination. This course will help you get to grips with the constantly changing equalities agenda.

PLEASE BRING with you copies of any workplace policies on equality and a notebook and pen.

COURSE INFORMATION

All GMB Midland Region courses are delivered by REO's (Regional Education Officers) or by Tutors employed by our training partner, Shrewsbury College Trade Union Education Centre.

GMB Representatives who wish to attend will be able to gain time off with pay, in accordance with the ACAS Code of Practice.

Reasonable travel costs and subsistence will be covered by the Region.

Applications for time off should be made as soon as possible to give reasonable notice to the employer.

Further help & information

For further help and information, please contact the Regional Education team:

Email: education.midlands@gmb.org.uk

Telephone: 0330 165 5585

