## MIDLANDS REGION

28 October 2022

Dear GMB Rep

Speaking up Course November 29<sup>th</sup> & 30<sup>th</sup> 2022 9.30am – 4pm GMB Halesowen Office Will Thorne House 2 Birmingham Rd Halesowen West Midlands B63 1AT

Speaking up Course November 29<sup>th</sup> & 30<sup>th</sup> 2022 9.30am – 4pm GMB Leicester Office 5 Oak Spinney Park Ratby Lane Leicester Forest East Leicester LE3 3AW

We are offering a two-day training course in public speaking to help you develop the skills to speak confidently in public in a range of settings from your workplace to GMB Congress.

We are offering 2 venues of your choice and would ask you to complete the attached application form if you are interested in booking a place and return to <u>education.midlands@gmb.org.uk</u>.

This course is designed to boost your confidence by showing you step by step how to be an effective public speaker. We look at:

- How to establish your authority and make a connection with your audience
- How to present your story so that it moves people with a strong moral message
- How to structure your case so it makes sense and is backed up with evidence
- How to use certain forms of expression to emphasise a point
- How to paint pictures to convey a message.

We also show you how to use notes to structure your speech effectively.

🖲 0330 165 5585 🛛 🔽 @GMBMidlands 🚹 GMB Midlands

Regional Secretary : Martin Allen Website: www.gmb.org.uk



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The course is challenging, but fun, and you will come out with increased confidence and the ability to communicate more effectively.

If you would like any further information or speak to us about the course, please contact us on 0330 1655585 and press the option for the Education Department.

We look forward to hearing from you

Yours sincerely

*Tom Rigby & Craig Stuart* Education/Health & Safety Officers GMB Midlands



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